



# **Blairgowrie & District Hillwalking Club**

Web site: [www.bdhc.org.uk](http://www.bdhc.org.uk)

## **Inverey to Spittal of Glenshee**

**01 April 2012**

**O.S. Map No 43**

**Bus start: Blairgowrie (Wellmeadow): 8:00 am Alyth (Square): 7:45 am**

### **A Walk – Inverey to Spittal of Glenshee (Glas Tulaichean)**

Leave bus at Inverey 087891. Walk S along Glen Ey past Altanour Lodge to Loch nan Eun. SW to Glas Tulaichean 1051m then follow track past Glen Lochsie Lodge to Spittal of Glenshee.

Approx. distance: 26.4 km

Total ascent: 884 m

Min. **walking** time: 8:00

### **B Walk – Inverey to Spittal of Glenshee**

Leave bus at Inverey 087891. Walk S along Glen Ey past Altanour Lodge to Loch nan Eun. Follow Allt Easgaidh until you pick up track in Gleann Taitneach which leads past Dalmunzie House to Spittal of Glenshee.

Approx. distance: 23.5 km

Total ascent: 584 m

Min. **walking** time: 7:00

### **C Walk – Inverey to Linn of Dee via Glen Quoich and Glen Lui**

Leave bus at Inverey and walk to Victoria Bridge. Through Mar Estate to Linn of Quoich and follow track through Glen Quoich to 080937. Pass through Clais Fhearnaig to Glen Lui and follow track to bus at Linn of Dee.

Approx. distance: 14.5 km

Total ascent: 350 m

Min. **walking** time: 5:30 hrs

**Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.**

**In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.**

The next event is the Spring Weekend trip to Ratagan (Glen Shiel) on 1-3 June 2012

Other information/events:

## **IMPORTANT: YOUR SAFETY IN THE HILLS**

### **The Committee reminds members and guests of the following important points:**

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

**Club officials will be happy to give advice on any of these points if requested.**