



Blairgowrie & District Hillwalking Club

Web site: www.bdhc.org.uk

SPITTAL of GLENSHEE / KIRKMICHAEL

19 February 2012

O.S. Map No. 43

Bus start: Blairgowrie (Wellmeadow): 08:00

Alyth (Square): 07:45

A Walk Spittal of Glenshee to Kirkmichael

Start at the Spittal of Glenshee and follow the path SW above Coire Lairige burn. Continue on the path to a junction at 081672. Take left path to the junction of Alt Doire nan Eun and Alt Coire an Laoigh. Leave path heading SE to strike Allt Manach burn and follow this to Ashintully Castle and from there the path to Kirkmichael

Approx. distance: 13km

Total ascent: 400m

Min. **walking** time: 5hrs
(winter might be snow)

B Walk – [name of walk]

[Description of walk]

Approx. distance: [] km

Total ascent: [] m

Min. **walking** time: [] hrs

C Walk – [name of walk]

[Description of walk]

Approx. distance: [] km

Total ascent: [] m

Min. **walking** time: [] hrs

Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks. In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.

The next club walk is on the [xx/xx/xxxx] to [location] starting at [] am (Blairgowrie) and [] am (Alyth).

Other information/events:

IMPORTANT: YOUR SAFETY IN THE HILLS

The Committee reminds members and guests of the following important points:

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

Club officials will be happy to give advice on any of these points if requested.