



Blairgowrie & District Hillwalking Club

Web site: www.bdhc.org.uk

The Trossachs

30 October 2011

O.S. Map No. 57

Bus start: Blairgowrie (Wellmeadow): 8.00 am Alyth (Square): 7.45 am

A Walk – Ben Ledi

Starting at 587092 on A84, follow path W then SSW then NNW to Ben Ledi 879m. Descend W into Glen Cassaig. Follow track SW then S to Brig o' Turk. This can be extended to Ardnandave Hill, Stuc Dhubh before descending into Gleann Cassaig.

Approx. distance: 9km

Total ascent: 775m

Min. **walking** time: 4.5 hrs

B Walk – Glen Finglas to Loch Katrine

Starting at Brig o'Turk follow the track to Glen Finglas Reservoir keeping to the eastern side. At 493118 cross Finglas Water and head south to fire-break at 489100. Follow this to lower track then lochside and on to the pier head of Loch Katrine.

Approx. distance: 15 km

Total ascent: 150 m

Min. **walking** time: 4.5 hrs

C Walk – Loch Venacher, Invertrossachs, Brig o' Turk

Starting at 603074 on A821 take minor road SE then SW to East Lodge. Continue to Invertrossachs then W along Loch Venacher and forest tracks to Brig o' Turk.

Approx. distance: 11 km

Total ascent: 110 m

Min. **walking** time: 4.5 hrs

Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.

In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.

The next club walk is on the 20 November 2011 to The Lomonds starting at 8.00 am (Blairgowrie) and 7.45 am (Alyth).

Other information/events: Slide show and photo comp. on 11 November 2011.

IMPORTANT: YOUR SAFETY IN THE HILLS

The Committee reminds members and guests of the following important points:

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

Club officials will be happy to give advice on any of these points if requested.