



# Blairgowrie & District Hillwalking Club

Web site: [www.bdhc.org.uk](http://www.bdhc.org.uk)

**Bridge of Orchy**

**9<sup>th</sup> October 2011**

**O.S. Map No 50**

**Bus strt: Blairgowrie (Wellmeadow): 07:30**

**Alyth (Square): 07:15**

## A Walk – BEINN ACHALLADER

Starting at Achallader GR322443 – 1/2km south over Railway Line then travel east for 2km approx, ascend N Ridge of Beinn Achallader to summit (M1038m) then south top (T1022m), descend to bealach at GR340405 then climb to Beinn Dothaidh (M1004m). Drop to spot height 744m at GR325398 and continue to Bridge of Orchy Hotel.

Approx. distance: 13k

Total ascent: 1110m

Min. **walking** time: 5.5hrs

## B Walk – BEINN AN DOCHAI DH/BEINN DORAIN

Start at Bridge of Orchy Hotel and head into Coire an Dothaidh to the coll at 325398 spot height 744 m. Head south to the summit of Beinn Dorain (M 1074m). Retrace steps to the coll and ascend to the summit of Beinn an Dothaidh (M 1002m). Descend to Bridge of Orchy Hotel. A shorter version of "B" would be to do either Munro on its own.

Approx. distance: 14km

Total ascent: 1060m

Min. **walking** time: 6.5hrs

## C Walk – Loch Muick circuit

Achallader Road end – to Tulla Cottage then 4 km approx. to Victoria Bridge joining the West Highland Way to Bridge of Orchy Hotel.

Approx. distance: 11k

Total ascent: 150m

Min. **walking** time: 4hrs

**Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.**

**In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.**

The next club walk is on the 30<sup>th</sup> October 2011 to the Trossachs starting **8:00 WELLMEADOW**.

Other information/events: 11 November – slide show / photo competition at Royal Hotel.

### **IMPORTANT: YOUR SAFETY IN THE HILLS**

**The Committee reminds members and guests of the following important points:**

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

**Club officials will be happy to give advice on any of these points if requested.**