



# **Blairgowrie & District Hillwalking Club**

Web site: [www.bdhc.org.uk](http://www.bdhc.org.uk)

**BEINN A GHLO “Mid-summer” walk**

**26 June 2011**

**O.S. Map No. 43**

**Bus start: Blairgowrie (Wellmeadow): 7:30 am Alyth (Square): 7:15 am**

## **A Walk – Beinn a’ Ghlo – full ridge**

Start at Loch Moraig and take track ENE to bothy at 923 679, follow path to summit of Carn Liath (M-975m). Follow ridge and path to summit of Bràigh Coire Chruinn-bhàlgain (M-1070m). Follow ridge E to coll then ascend ridge NE to Carn nan Gabhar (M-1120m). Retrace route for 800m then descend via Airgiod Bheinn (T-1061m) and its SW ridge. Join path and track and return to car park.

Approx. distance: 21.8 km

Total ascent: 1400 m

Min. **walking** time: 6.7 hrs

## **B Walk – Carn Liath / Bràigh Coire Chruinn-bhàlgain**

Start at Loch Moraig and take track ENE to bothy at 923 679, follow path to summit of Carn Liath (M-975m). Follow ridge and path to summit of Bràigh Coire Chruinn-bhàlgain (M-1070m). Descend W then SW along broad ridge, cross burn at approx 929 712 and follow vague path to Creag-choinnich Lodge (ruin). Track to S and SE – when it reaches the wall, keep left through gate and take track over moor land to east of small wood. Head towards track just north of fork to return to car park.

Approx. distance: 15.4 km

Total ascent: 990 m

Min. **walking** time: 5 hrs

## **C Walk – Glen Banvie circuit (Glen Banvie trail – waymarked)**

Start at Old Bridge of Tilt, follow past Old Blair (on either side of the Banvie Burn) along Glen Banvie, cross to west side using highest bridge at latest. Follow track NW then S above Bruar Water, pass Falls of Bruar and return along tracks to Old Blair/Blair Castle and back to Blair Atholl.

*Most of this route is the Glen Banvie trail in the Atholl Estates – Waymarked trail from Blair Atholl booklet.*

Approx. distance: 16.3 km

Total ascent: 481 m

Min. **walking** time: 4.5 hrs

**Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.**

**In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.**

The next club walk is on the 17/07/2011 to Lochnagar starting at 7:30 am (Blairgowrie) and 7:15 am (Alyth).

Other information/events:

### **IMPORTANT: YOUR SAFETY IN THE HILLS**

#### **The Committee reminds members and guests of the following important points:**

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

**Club officials will be happy to give advice on any of these points if requested.**