



Blairgowrie & District Hillwalking Club

Web site: www.bdhc.org.uk

Glen Lochay to Glen Dochart

15 May 2011

O.S. Map No. 51

Bus start: **Blairgowrie** (Wellmeadow): 7.30 am.

Alyth (Square): 7.15 am

A Walk – Meall Glas and Sgiath Chuil

Start at Kenknock, Glen Lochay at 466365 and follow the track/road to 454344 via Lubchurran. Ascend to Meall Glas (959m) then traverse eastwards to Sgiath Chuil (921m) via Beinn Cheathaich (937m) and Meall a' Churain (917m). From there descend south west to track at 452306. Follow the track to Innishewan (483285) then end at the Suie Hotel on the A85 at 486279.

Approx. distance: 25 km

Total ascent: 1356 m

Min. **walking** time: 7 hrs

B Walk – Sgiath Chuil

Start in Killin at road junction (570340) and follow the road/track to 560342. Follow the track south westerly to ascend Sron a Chlachain (521m) then climb to Sgiath Chuil (919) via Meall Clachach (603m), Mid Hill (559m) Beinn Bhreac and Meall a' Churain (917m) (keep to the tops along this route). Descend via Sgiath Chrom to the track below and thereafter take the shortest route to Innishewan and the Suie Hotel on the A85 at 486279

Approx. distance: 20 km

Total ascent: 997 m

Min. **walking** time: 6.5 hrs

C Walk – Killin to Suie Hotel

Start in Killin and take the track (from near the Falls of Dochart) south westwards along the dismantled railway passing the standing stone at Acarn, Lix Toll (coffee stop?) and Glendhu. Thereafter walk to the Suie Hotel on the A85 at 486279.

Approx. distance: 12 km

Total ascent: level m

Min. **walking** time: 4 hrs

Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.

In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.

IMPORTANT: YOUR SAFETY IN THE HILLS

The Committee reminds members and guests of the following important points:

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

Club officials will be happy to give advice on any of these points if requested.