



Blairgowrie & District Hillwalking Club

Web site: www.bdhc.org.uk

LINN OF QUOICH

14th November 2010

O.S. Map No. 36/43

Bus start: **Blairgowrie** (Wellmeadow): 8.00 am.

Alyth (Square): 7.45 am

A Walk – Beinn a’ Bhuid.

Start at the Linn of Quoich and follow the track on the west side of the Quoich Water to grid ref : 080974 and cross the Allt an Dubh-Ghlinne. Continue on the track rising over Carn Allt na Beinne, to the north Top of Beinn A’ Bhuid (M-1197m). Descend over the south Top grid ref: 090979 to join a track at grid ref: 087952 and continue south back to the starting point.

Approx. distance: 26.5 km

Total ascent: 910 m

Min. **walking** time: 8 hrs

B Walk – Carn na Drochaide.

Start at Linn of Quoich and follow the track on the east side of Quoich Water to grid ref :113917. Climb to the summit of Carn na Drochaide (C-818m). Descend west over Carn na Criche and over Carn Elrig Mor to join a track at grid ref : 086937. Follow this track back to the starting point.

Approx. distance: 13 km

Total ascent: 530 m

Min. **walking** time: 5 hrs

C Walk – Glen Quoich.

Start as the “A” walk to the cross over point of the Alltan Dubh-Ghlinne. Continue on the track on the north side of the Quoich Water to grid ref: 091952 and follow the track on the east side of the Quoich Water back to the Punch Bowl and on to the starting point.

Approx. distance: 14 km

Total ascent: 180 m

Min. **walking** time: 5 hrs

Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.

In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.

The next club walk is the “Christmas Walk” on **Sunday 12th December 2010 (that is, 4 weeks from today)**, heading to Tarfside for a through walk to Edzell, starting from Blairgowrie at 9,00am and from Alyth at 9,15am.
Other information: Remember the Quiz night at the Royal Hotel on 14th January 2011.

IMPORTANT: YOUR SAFETY IN THE HILLS

The Committee reminds members and guests of the following important points:

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

Club officials will be happy to give advice on any of these points if requested.