



Blairgowrie & District Hillwalking Club

Web site: www.bdhc.org.uk

Glen Falloch

14th. February 2010

O.S. Map No50/51

Bus start: **Blairgowrie** (Wellmeadow): 8.00 am.

Alyth (Square): 7.45 am

A Walk – An Caisteal.

Start at Derrydaroch, 351219, head east climbing Stob Glas and on to An Caisteal (M-995m.). Descend south, then south-west to a coll, 373184, and climb again to Beinn Chabhair (M-933m.). Descend over Meall nan Tarmachan to Beinglas and on to the Inverarnan Inn.

Approx. distance: 11km.

Total ascent: 1285m.

Min walking time: 5½ hrs.

The walk can be extended to include Beinn a' Chroin (M-942m.).

Approx. distance: 12.5km

Total ascent: 1435m.

Min. **walking** time: 6½hrs.

B Walk – Meall an Fhudair.

Start at Glen Falloch, 319197, and follow track on to Troisgeach to Meall an Fhudair (C-764m.). Descend east over Meall nan Caora and Sgairnech Mor to join a path at 275210 leading east along Gleann an Caorann to the start point and then on to the Inverarnan Inn.

Approx. distance: 16km.

Total ascent: 830m.

Min. **walking** time: 6hrs.

C Walk – W.H.W. from Crianlarich to Inverarnan.

Start at Crianlarich and access the West Highland Way via a short access path to the west. Follow the W.H.W. south to the Inverarnan Hotel. There will be two crossings of the River Falloch, both via bridges, at Derrydaroch and at Beinglas.

Approx. distance: 12.5km.

Total ascent: 70m.

Min. **walking** time: 5hrs.

Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.

In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.

The next club walk is on the 7th. March 2010 starting at 8.00am (Blairgowrie) and 7.45 am (Alyth). to Glas Moal/Glenshee. Other information/events: REMEMBER the Club AGM and Dinner on 26th March, at 7.00pm in the Strathmore Golf Club. Please book NOW for the Dinner.

IMPORTANT: YOUR SAFETY IN THE HILLS

The Committee reminds members and guests of the following important points:

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

Club officials will be happy to give advice on any of these points if requested.