



# Blairgowrie & District Hillwalking Club

Web site: [www.bdhc.org.uk](http://www.bdhc.org.uk)

**Blair Atholl / Bruar.**

**23<sup>rd</sup> August 2009**

**O.S. Map No. 43**

Bus start: **Blairgowrie** (Wellmeadow): 7.30 am.

**Alyth** (Square): 7.15 am

## A Walk – Beinn Dearg.

Start at the House of Bruar and follow tracks through Glen Banvie woods to grid ref. 826697, Leave the path and cross over Sron Dubh and Meall Dubh to Meall Tionail. Follow the path north-east and north to the summit of Beinn Dearg (M-1008m). Return by the route of ascent.

**N/B this is a lengthy route, keep an eye on the time, the coach is due to leave at 5.00pm**

Approx. distance: 29 km

Total ascent: 950 m

Min. **walking** time: 8½/9 hrs

## B Walk – [name of walk]

As the 'A' walk as far as time permits and return to start.

Approx. distance: [ ] km

Total ascent: [ ] m

Min. **walking** time: [ ] hrs

## C Walk – Glen Banvie.

Start at Bridge of Tilt in Blair Atholl and head towards Old Blair. Follow tracks on the south side of Banvie Burn into Glen Banvie. At grid ref 826696 follow the track south through Banvie wood to House of Bruar.

Approx. distance: 12 km

Total ascent: 260 m

Min. **walking** time: 4½ hrs

Please note that the Minimum walking times are based on reasonably fast walkers and assuming good conditions. The times do not include stops or breaks.

In poor weather conditions or if members are not comfortable walking at 4km/hour then alternative or shorter routes should be considered.

The next club walk is the week-end meet on the 11<sup>th</sup> to 13<sup>th</sup> September to Fort Augustus.

### **IMPORTANT: YOUR SAFETY IN THE HILLS**

The Committee reminds members and guests of the following important points:

- You are responsible for your own safety
- Club officials are not trained mountain leaders
- Are you fit enough to complete your chosen walk in the available time?
- Know where you are going on the walk and follow the route on your map.
- Know how many are in your party and stay together
- Ensure you have enough food plus emergency rations
- Carry a map & compass, survival bag, torch, whistle and small first aid kit. Know how to use them.
- In winter conditions you must carry an ice axe on high level walks (club rule). You are also recommended to carry crampons.
- **Learn** how to use your equipment.

**Club officials will be happy to give advice on any of these points if requested.**